**Week three menu**

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| **MEAL** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **MORNING TEA**Koala 9:00amWombat 9:30amEmus 9:30amKangaroo 9:30am | Selection of seasonal fruit and veg sticks.Muffins / spreadsDrink – water and milk | Selection of seasonal fruit and veg sticks.Raisin toastDrink – water and milk | Selection of seasonal fruit and veg sticks.Hot cakes / maple syrupDrink – water and milk | Selection of seasonal fruit and veg sticks.Toast / spreadsDrink – water and milk | Selection of seasonal fruit and veg sticks.Raisin toastDrink – water and milk |
| **LUNCH**Koala 11:00amWombat 11:30amEmus 12:00pmKangaroo 12:30pm | **BEEF NACHOS**Beef mince, garlic, onion, Mexican beans, salsa, grated cheese/ carrot, corn, corn chips. Yoghurt.Drink – waterInfant puree or casserole (age appropriate) |  **MOROCCAN BEEF**Beef, onion, garlic, tinned tomatoes, chicken stock, dates, chickpeas, couscous, garlic bread and seasonal veg.CustardDrink – waterInfant puree or casserole(age appropriate) |  **CURRY LAMB**Diced lamb, onion, garlic, curry powder and diced veg, brown rice, bread and seasonal veg.YoghurtDrink – waterInfant puree or casserole (age appropriate) |  **CHICKEN TENDERLOINS**Chicken, baked potato, seasonal veg or salad.Bread.CustardDrink – waterInfant puree or casserole (age appropriate) | **SELECTION OF SANDWICHES**Vegie cup – corn cob, carrot and cucumber sticks and orange wedge.Yoghurt tubsDrink – waterInfant puree or casserole (age appropriate) |
| **AFTERNOON TEA**Koala, Wombat Emus, Kangaroo 2:00pm | Mixed sandwichesSelection of seasonal fruitDrink – water and milk | Pikelets / spreadsSelection of seasonal fruitDrink – water or milk | Selection of dips, veg sticks and rice crackers.Selection of seasonal fruitDrink – water and milk | Mixed sandwichesSelection of seasonal fruitDrink – water and milk | Cheese / rice crackersSelection of seasonal fruitDrink – water and milk |
| **LATE SNACK**5:00pm | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water |