**Week four menu**

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| **MEAL** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **MORNING TEA**Koala 9:00amWombat 9:30amEmus 9:30amKangaroo 9:30am | Selection of seasonal fruit and veg sticks.Raisin toastDrink – water and milk | Selection of seasonal fruit and veg sticks.Crumpets / toast and spreadsDrink – water and milk | Selection of seasonal fruit and veg sticks.Raisin toastDrink – water and milk | Selection of seasonal fruit and veg sticks.Toast / spreadsDrink – water and milk | Selection of seasonal fruit and veg sticks.Pikelets / spreadsDrink – water and milk |
| **LUNCH**Koala 11:00amWombat 11:30amEmus 12:00pmKangaroo 12:30pm | **CHICKEN DIABOLO**Diced chicken, onion, garlic, tinned tomatoes, tomato paste, mushrooms and zucchiniSpaghetti, bread and seasonal veg.CustardDrink – waterInfant puree or casserole (age appropriate) |  **TIKALARA LAMB**Diced lamb, garlic, ginger, tinned apricots, apricot nectar and soy sauceCouscous, bread and seasonal veg.Yoghurt tubs Drink – waterInfant puree or casserole (age appropriate) | **BRAISED BEEF RAGU**Diced beef, onion, garlic, mushrooms, tinned tomatoes, chicken stock, pasta, seasonal veg and bread.CustardDrink – waterInfant puree or casserole (age appropriate) |  **CHICKEN NACHOS**Chicken, onion, garlic, tomato salsa, taco seasoning, refried beans, tomato puree, grated cheese, salad, corn chips or wraps and garlic bread.YoghurtDrink – waterInfant puree or casserole (age appropriate)  |  **CURRY BEEF**Diced beef, garlic, ginger, curry powder, pureed zucchini, diced carrots and coconut creamBrown rice, bread and seasonal veg.CustardDrink – waterInfant puree or casserole (age appropriate) |
| **AFTERNOON TEA**Koala, Wombat Emus, Kangaroo 2:00pm | Pikelets / spreadsSelection of seasonal fruitDrink – water and milk | Mixed sandwichesSelection of seasonal fruitDrink – water and milk | Cheese and rice crackersSelection of seasonal fruitDrink – water and milk | Mixed sandwichesSelection of seasonal fruitDrink – water and milk | Raisin breadSelection of seasonal fruitDrink - water |
| **LATE SNACK**5:00pm | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water | Corn cob, veg sticks and rice crackersDrink - water |